

# MEDICATION PROTOCOL

## REMINDER:

PARENTS MUST PICK UP THEIR CHILD'S MEDICATIONS BY THE FINAL DAY OF SCHOOL. ALL MEDICATIONS WILL BE DISCARDED AT THE END OF THE SCHOOL YEAR.

Efforts should be made to schedule a student's medication regime at home. In situations where this is not possible, the following is required as per Merrimack District policy, Merrimack School District protocol (refer to your handbook), and/or NH RSA:

- 1. The first dose of any new medication must be given at home.
- 2. Specific times are allotted by the nurse when medication can be administered in school. Contact the nurse for schedule information in order to schedule your home dosages accordingly.
- 3. Medication must come in a properly labeled prescription bottle or a SMALL non-prescription bottle for OTC's (i.e. Advil, Tylenol).
- 4. WHEN FILLING PRESCRIPTIONS, ASK THE PHARMACISTS FOR AN EXTRA BOTTLE FOR SCHOOL USE. CHILDREN MAY NOT CARRY MEDS BETWEEN HOME AND SCHOOL.
- 5. ANY medication (prescription and OTC's) administered in school REQUIRES A WRITTEN PHYSICIAN'S ORDER. THE PRESCRIPTION LABEL IS NOT A WRITTEN ORDER. The Dr. may fax the signed order to the nurse. (TF Fax # 603-598-9821)
- 6. A Hold Harmless release must be signed by the parent.
- 7. Parents are responsible for keeping track of, and maintaining, an adequate supply of their child's medication for school use.
- 8. Parents must bring the medication to school. Children are not allowed to carry medication or self-administer medication without supervision.
- 9. Talk to the school nurse in regards to inhaler protocol.
- 10. Syringes (i.e. for insulin treatment) must be brought to the school health office by the parent.
- 11. A Physician's written order is required for a change in dose or medication.
- 12. Medication orders must be renewed every school year
- 13. Parents are responsible for picking up any medication left at the end of the treatment regime.

# RECOMMENDATIONS FOR MEDICATION ADMINISTERED AT HOME

Check expiration dates on all medications. Destroy medications that have expired.

A medication may have side effects or cause an allergic reaction. If your child is on a new medication, alert the nurse to the potential for adverse reactions.

#### HERBAL REMEDIES

The American Academy of Pediatrics (AAP) Policy Statement Guidelines for the Administration of Medication in School states:

Herbal medications can have serious and dangerous adverse effects. These and over the counter medications, when taken on a regular basis, should require a physician's note that in essence prescribes those non-prescription medications. AAP Committee on School Health 2002-2003)

## POISON TREATMENT

Contact the Poison Center at 1-800-222-1222 if you have a poison emergency question or to learn more about storing activated charcoal.